

# Worried about memory loss, confusion or changes in personality? Could it be Dementia?




Getting a  
Diagnosis




Understanding  
Dementia



Driving



Financial Rights  
& Legal Issues



Taking a Break  
& Social Time



Changes in  
Behaviour



Support  
at Home

For detailed information about Dementia and supports available, order a copy of the "The Dementia Guide" from Alzheimer's Australia on 03 9815 7800.

For help with accessing My Aged Care, call Macedon Ranges Shire on 5422 0333.

## If you live in the Macedon Ranges Shire these services can help.

### Getting a Diagnosis

Go to your local GP Clinic or find a GP at [www.nhsd.com.au](http://www.nhsd.com.au)

#### Cognitive Dementia Assessment & Memory Service (The Memory Clinic – Bendigo)

Provides an early assessment and diagnosis of Dementia. Referral from the GP preferred, however families can self-refer. Phone 5454 8500.

#### Royal Melbourne Hospital - Department of Neuropsychiatry

Provides assessment & diagnosis of Younger Onset Dementia. GP referral required. Phone 9342 8750.



### Taking a Break & Social Time

#### Carers Support Services

Helping carers to maintain their caring role by assisting with respite, referrals and information about aged care and support groups for carers. Phone 1800 068 978; [www.carergateway.gov.au](http://www.carergateway.gov.au)

#### Social Support & Activities for People with Dementia

COBAW Community Health Day Activity. Phone 5421 1666.

#### Treehouse - Kyneton District Health

Social activity for people with Dementia. Phone 5422 9987.

#### Woodend Lifestyle Carers Group

A not for profit group improving the lifestyle of carers and those they care for with memory loss. Phone 5420 7132; [www.wlccg.org.au](http://www.wlccg.org.au)



### Understanding Dementia

#### Alzheimer's Australia Victoria

Home visits are available from a Dementia consultant/counsellor. Provides ongoing support, referral and education including Younger Onset Dementia. Support for Carers. Self referral. Phone 1800 100 500; [www.fightdementia.org.au](http://www.fightdementia.org.au)

#### Community Dementia Nurse

Dementia care and planning for living with Dementia. Macedon Ranges Shire residents only phone Bendigo Health Community Nursing Service 5454 8078.



### Support at Home

#### Commonwealth Home Support Program

Services include domestic assistance, personal care, property maintenance, in-house respite, food services and activity groups. Assessment required through the Regional Assessment Service (RAS). My Aged Care 1800 200 422; [www.myagedcare.gov.au](http://www.myagedcare.gov.au)

#### Aged Care Assessment Service (ACAS)

Assisting older people and their carers to identify care that will best meet their needs. My Aged Care 1800 200 422; [www.myagedcare.gov.au](http://www.myagedcare.gov.au)

#### National Disability Insurance Scheme (NDIS) for those under 65 years (or under 50 years for Aboriginal and Torres Strait Islanders)

Support at home to live well with Younger Onset Dementia. Phone 1800 800 110; [www.ndis.gov.au](http://www.ndis.gov.au)



### Driving

#### VicRoads

Provide driving assessments with a trained occupational therapist. Phone 131 171; [www.vicroads.vic.gov.au](http://www.vicroads.vic.gov.au)



### Financial Rights & Legal Issues

#### Seniors Rights Victoria

Provides information, support and advice to safeguard the rights of older people. Phone 1300 368 821; [www.seniorsrights.org.au](http://www.seniorsrights.org.au)

#### Office of Public Advocate

Provides guardianship and advocacy services for people living with Dementia. Phone 1300 309 337; [www.publicadvocate.vic.gov.au](http://www.publicadvocate.vic.gov.au)



### Changes in Behaviour

#### Dementia Behaviour Management Advisory Service

Support with managing changing behaviour and communication. Phone 1800 699 799; [www.dbmas.org.au](http://www.dbmas.org.au)

#### Older Person's Community Mental Health Team

Psychiatric assessment and treatment, may also provide services for changes in behaviour linked to Dementia. Phone 1300 363 788 (24hrs).



If you require an interpreter, please ask the service when you call.