

# CVPCP Health & Wellbeing Profile - 2012

The Central Victorian Primary Care Partnership (CVPCP) is a network of health and community service organisations and local governments in Central Goldfields, Macedon Ranges and Mount Alexander Shires. This group of organisations formed a voluntary alliance in 2000 to improve the health and wellbeing of people in the area by working in partnerships with one another.

The CVPCP Community Health & Wellbeing Profile has been developed to provide information and statistics about the health and wellbeing of our region's residents. Members can use the information as a resource in the planning of health priorities, to assist in submission writing, to gauge the development and success of long-term health promotion projects, and to lobby Governments for funding to improve health outcomes of our community.

If you would like to access the original Excel Spreadsheet for this document, please feel free to contact our office by emailing [admin@centralvicpcp.com.au](mailto:admin@centralvicpcp.com.au) and we will send a copy to you directly.

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**CVPCP Health & Wellbeing Profile - 2012**

#	Indicator	measure	year	Central Goldfields	Macedon Ranges	Mount Alexander	*Regional Victoria	Victoria	Source
<b>Community Capacity</b>									
<b>1. Demographics</b>									
1	Total population	people	2011	12496	41,860	17591		5354042	1
2	Estimated population	people	2016	13257	47,340	19,269		6,067,701	2
3	Change in population	%	2006-2011	1.4	9.1	3.1	6.2	8.5	1
a	Aged 0-4 years	%	2011	5.5	6.4	4.5	6	6	1
b	Aged 5-14 years	%	2011	11.1	14.8	11.7	13	12	
c	Aged 15-19 years	%	2011	6.3	7.3	6	7	6	
d	Aged 20-24 years	%	2011	4	4.6	4.1	6	7	
e	Aged 25 - 34 years	%	2011	7.3	8.1	7.6	10	14	
f	Aged 35-44 years	%	2011	11.1	15.3	12.5	13	14	
g	Aged 45-54 yrs	%	2011	14.1	16	15.9	14	14	
h	Aged 55-64 yrs	%	2011	15.9	14	16.8	13	11	
i	Aged 65-74 yrs	%	2011	13.4	8.4	11.6	9	8	
j	Aged 75-84 yrs	%	2011	8.1	3.6	6.5	6	5	
k	Aged 85+	%	2011	3.2	1.5	2.8	2	2	
4	Median age of population	years	2011	48	41	47	41	37	1
	Median age of population	years	2006	46	39	44	39	37	1
5	Couple family with no children	%	2011	46.6	37.8	45.3	42.3	37	1
6	Couple family with children under 15	%	2011	22	33.7	24.6	28.2	30.8	1
7	Couple family with no children under 15	%	2011	11.8	15.6	12.1	12.2	15.2	1
8	total couple families with children	%	2011	33.8	49.3	36.7	40.4	46	1
9	one parent family with children under 15	%	2011	10.3	6.5	9	9.1	7.5	1
10	one parent family with no children under 15	%	2011	7.8	5.7	7.8	7	8	1
11	total one parent families	%	2011	18.1	12.2	16.9	16.1	15.5	1
12	other family	%	2011	1.4	0.7	1.2	1.2	1.8	1
13	Recipients of carer payments	% of 15yrs+	2011	2.8	0.9	1.3		1.2	3
<b>2. Diversity</b>									
1	Proportion of Aboriginal and TSI population	%	2011	1.2	0.5	1	1.5	0.7	1
2	Humanitarian arrivals by main migration streams	number	2007-12	0	3	0			1
3	Family migrants by main migration streams	number	2007-12	0	145	17			4
4	skilled migrants by main migration streams	number	2007-12	0	288	73			4
5	Only speaks english at home	%	2011	95	93	90	90	72	1
6	Not born in Australia	%	2011	8.5	12.9	10.8	10.7	26.2	1
<b>3. Community Connection</b>									
1	Gaming machine losses per head of adults	dollars	2010/11	781	298	227		613	5
2	Youth fully engaged	%	2011	44.4	70	56.6		71.9	6
3	Youth disengaged	%	2011	32.3	13.9	26.6		15.4	6
4	Students who feel socially connected & get along with their peers (Gr 5&6)	%	2011	65	76.2	74		71.1	30
5	Students who feel socially connected & get along with their peers (yr 7-9)	%	2011	49.5	56.8	47.9		58.8	30
<b>4. Crime</b>									
1	Family Incidents	per 100,000 pop	2010/11	1349.3	555.8	537.40		732.10	8
2	drug usage & possession offences	per 100,000 pop	2010/11	170.6	56.3	157.4		190.4	7
3	people who feel safe walking alone after dark	%	2008	68.9	77.1	77.4		59	9
<b>Economic &amp; Social</b>									
<b>5. Economic &amp; employment</b>									
1	Socio-economic Index for Areas	SEIFA	2006	907	1054	981		1010	10
2	Newstart recipients	% of pop 21-64yrs	2011	4.1	2.8	5.4		4.2	3
3	unemployment	%	2011	8.5	2.6	5	4.7	5	11
4	Employed and worked full time	% of pop 15-64yrs	2011	32	43	35	41	43	12
5	Employed and worked part time	% of pop 15-64yrs	2011	21	24	25	22	21	12
6	Employed away from work	% of pop 15-64yrs	2011	3	3	3	3	3	12
7	total employed	% of pop 15-64yrs	2011	58	72	64	67	68	12
8	total labour force	% of pop 15-64yrs	2011	62	75	67	71	72	12
9	not in the labour force	% of pop 15-64yrs	2011	34	21	29	25	23	12
10	participating in labour force - non-indigenous	% of pop 15yrs+	2011	47	67.2	55	60.8	64	13
11	participating in labour force - indigenous	% of pop 15yrs+	2011	38.8	64.6	33.9	48.7	53.4	13
12	families headed by one parent	%	2011	18.1	12.2	16.9	16.1	15.5	12
13	One parent families earning less than \$299/week	%	2011	7.3	6.5	7	6.4	7	12
14	Couple families with children earning less than \$399/week	%	2011	2	0.9	2.2	1.7	1.9	12
15	median household weekly income	\$	2011	685	1395	838	945	1,216	12
16	median total personal weekly income	\$	2011	381	593	460	493	561	12
17	median total personal weekly income- indigenous	\$	2011	280	363	342	358	390	13
18	median total personal weekly income- non-indigenous	\$	2011	382	594	461	495	562	13
19	median total personal weekly income - gap between indigenous and non-indigenous	%	2011	36	64	35	38	44	13
20	low income/welfare dependent families with children	% of all families	2009	13	6.8	11.1	10.2	9	14
<b>6. Food Security and Access</b>									
1	Ran out of food in the previous 12 months and couldn't afford to buy anymore (yes)	%	2008	11.1	5.3	8.3	6	5.6	
2	Some foods are too expensive	%	2008	38.5	34.5	34.4	30.2	28.3	

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3	Can't get food of the right quality	%	2008	31.3	27.9	29	27.3	25.5	15
4	Can't get a variety of food	%	2008	12.6	8.7	10.4	11.7	10.9	
5	Culturally appropriate foods aren't available	%	2008	6.4	6.4	7.2	6.1	6.8	
6	Inadequate and unreliable public transport	%	2008	10.5	10	12.6	8.4	8	
<b>7. Housing &amp; transport</b>									
1	mortgage stress	number	2006	203	518	262	15,925	58,238	16
2	rental stress	number	2006	321	315	489	31,151	109,633	16
3	affordable rental housing	%	2011	87.5	21.9	48.2	56.6	20.6	17
4	number of social housing	number	2011	219	246	182	21,123	63,601	1
5	dwellings with no motor vehicle	%	2011	7.2	3.1	6	6.5	8.4	1
<b>8. Education</b>									
1	Highest year of school completed	% pop 20-64yrs	2011						1
a	yr 12 or equivalent	% pop 20-64yrs	2011	32.3	53.2	46.6	42.8	58.2	
b	yr 12 or equivalent - non-indigenous	%	2011	28	51	43	39	54	
c	yr 12 or equivalent - indigenous	%	2011	27	41	23	22	29	
d	yr 11 or equivalent	% pop 20-64yrs	2011	18.7	17.8	16.8	18.9	13.2	
e	yr 10 or equivalent	% pop 20-64yrs	2011	23.6	16.8	16.7	20.2	13.6	
f	yr 9 or equivalent	% pop 20-64yrs	2011	11.7	5.2	6.5	7.6	4.7	
g	yr 8 or below	% pop 20-64yrs	2011	6.3	2.2	3.3	3.8	3.2	
2	Did not go to school	% pop 20-64yrs	2011	0.5	0.3	0.3	0.4	0.8	1
3	Bachelor or higher degree	%	2011	17	36.7	35.8	28.3	42.1	
<b>Health &amp; Wellbeing</b>									
<b>9. General Health</b>									
1	Persons reporting fair or poor health	%	2007-08	18.6	11.8	16.2	13.7	13.5	14
2	Male life expectancy at birth	years	2007	77.5	79.8	78.9	78.9	80.3	18
3	Female life expectancy at birth	years	2007	82.2	84.8	83.6	83.8	84.4	18
<b>10. Physical health conditions</b>									
1	persons with diabetes	number	2011	985	1,699	982		na	19
2	Population with diabetes	%	2011	7.6	3.9	5.3		4.5	19
3	Cerebrovascular Disease	rate/100,000	2003-07	13.6	11.8	14.3		9.4	16
4	Ischaemic heart disease	rate/100,000	2003-07	59.7	24.1	30.4		27.8	
5	COPD	rate/100,000	2003-07	47.8	13.9	41.5		21.6	
6	Circulatory system disease (Synthetic prediction)	rate/100 pop	2007-08	18.6	16.2	18.1		17.3	
7	Hypertensive disease (Synthetic prediction)	rate/100 pop	2007-08	10.6	9.1	10.7		10.3	
8	Respiratory system disease (Synthetic prediction)	rate/100 pop	2007-08	33.2	31.1	31.2	30.7	27.3	
9	Asthma (Synthetic prediction)	rate/100 pop	2007-08	10.9	9.6	10.2		9.1	
10	COPD (Synthetic prediction)	rate/100 pop	2007-08	2.9	2.3	2.6		2.2	
11	Musculoskeletal system disease	rate/100 pop	2007-08	32.8	30.6	31.6	31.7	29.8	
12	Arthristis	rate/100 pop	2007-08	17.4	14	15.8	15.8	14.6	
13	Rheumatoid arthritis	rate/100 pop	2007-08	2.4	1.6	2.1	2	1.9	
14	Osteoarthritis	rate/100 pop	2007-08	10.1	9.6	9.9	9.5	8.7	
15	Females with Osteoarthritis	rate/100 pop	2007-08	4.1	4.5	5	4.6	4.9	
16	Overweight - females_18yrs+	%	2008	24.5	31.6	22.4		24.2	
17	Overweight - males_18yrs+	%	2008	32	40.3	42.4		39.9	
18	Obese - females_18yrs+	%	2008	20.7	18.6	21.9		16.1	
19	Obese - males_18yrs+	%	2008	21.7	20.3	16.4		17.3	
20	High cholesterol-synthetic prediction	rate/100 pop	2007/08	5.9	5.1	5.6		5.4	
<b>11. Mental health</b>									
1	persons reporting psychological distress (18yrs+)	rate/100	2007-08	14.1	9.6	12.2		12	16
2	registered mental health clients	number	2010/11	235	373	336		61,623	20
3	Hospital separations for mental diseases and disorders as major diagnostic category	rate/100 pop	2010/11	0.8	0.5	1.1		1.1	21
4	Emergency department presentations classified as intentional self harm	rate/100 pop	2010/11	0.07	0.05	0.04		0.11	22
5	Avoidable deaths at 0-74yrs: Suicide & self-inflicted injuries	average annual rate/100,000	2003-07	14.5	16.1	20.4	13.3	11	16
6	Males (synthetic prediction) with mental & behavioural problems	rate/100	2007-08	13.6	9.7	12.2	11	9.9	16
7	Females (synthetic prediction) with mental & behavioural problems	rate/100	2007-08	13.9	11.1	12.7	12.2	11.6	16
8	Males with mood problems	rate/100	2007-08	8.1	5.6	7.2	6.4	6	16
9	Females with mood problems	rate/100	2007-08	10.9	8	8.7	8.5	8.3	16
<b>12. Health behaviours</b>									
1	Current smokers 18yrs+	%	2007-8	21.6	17.1	15.3		19.1	15
2	Ex-smoker 18yrs+	%	2008	24.7	21.4	25.3		23.8	
3	Non-smoker 18yrs+	%	2008	53.5	61.4	59		56.8	
4	5 or more serves of vegetable per day, 18yrs+	%	2008	9.3	9.6	10		7.7	15
5	2 or more serves of fruit per day, 18yrs+	%	2008	46.8	54.3	55.6		48.6	15
6	Physical activity, 18yrs+								15
a	Sedentary	%	2008	6.6	3.6	3.9		5.3	
b	Insufficient time and/or sessions	%	2008	21.7	22.9	19.6		27.4	

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c	Sufficient time & session	%	2008	61.8	64.4	68.2		60.3	
7	Zero days of incidental physical activity in past week	%	2008	65.6	70.1	55.5		61.7	15
8	Occupational physical activity								
a	Mostly sitting or standing	%	2008	52.1	56.7	49		64.2	15
b	Mostly walking	%	2008	19.8	29.9	34.3		20.5	
c	Mostly heavy labour or physical demanding work	%	2008	25.6	12.8	12		13.3	
9	Usually wears a hat (18yrs+)	%	2008	64.2	63.9	67.8		52.6	15
10	Usually wears sunglasses (18yrs+)	%	2008	72.6	74.8	71.6		74	
11	Usually wears hat & sunglasses (18yrs+)	%	2008	47.7	48.3	49.4		41	
12	Wears neither hat nor sunglasses	%	2008	10.5	9.6	9.6		14.1	
13	Short term risk or high risk of alcohol related harm	%	2008	49.2	48.4	47.3	51.7	45.2	15
14	Adult pop that did not consume alcohol at above long term risk levels for alcohol related harm	%	2008	96.9	96.3	96.6	95.5	96.3	15
15	Emergency department presentations for alcohol related conditions or injuries	number	2010/11	<5	19	13		na	22
16	Emergency department presentations for drugs related conditions or injuries	rate/100 pop	2010/11	0.19	0.15	0.2		0.16	22
17	Hospital separations for alcohol related conditions or injury	rate/100pop	2010/11	0.26	0.16	0.14		0.21	21
<b>13. Screening</b>									
1	Breast cancer screening participation (50-69yrs)	%	2008	66.3	83.5	72.8	74.4	75.9	15
2	Cervical cancer screening participation (20-69yrs)	%	2008	61.4	66.5	69.9	71.4	71.1	15
3	Bowel cancer screening participation (invited persons 50, 55 and 65 in 2012)	%	2008	30.4	28	30.3	30	29.4	15
4	Blood pressure checked in last 2 years (18-49yrs)	%	2008	78.5	74.9	71.6		70.6	15
5	Blood pressure checked in last 2 years (50yrs+)	%	2008	89.6	93.7	95		93.1	15
<b>14. Children &amp; young person</b>									
1	Proportion of low birthweight babies <2500g	%	2006-08	11.3	5.4	6.8		6.6	14
2	Maternal and child health centres - participation rates for key stage visits								
a	Home consult	%	2010/11	82.1	97.4	91.2		100.1	23
b	2 weeks	%	2010/11	73.1	96.7	90.5		97.6	
c	4 weeks	%	2010/11	81.4	93.9	93.4		96.8	
d	8 weeks	%	2010/11	92.9	93.5	92		96.3	
e	4 months	%	2010/11	82.7	89.4	93.4		93.7	
f	8 months	%	2010/11	71.3	82.5	91		85	
g	12 months	%	2010/11	80.8	82.5	82.6		81.9	
h	18 months	%	2010/11	87.7	77.2	61.9		71.5	
i	2 years	%	2010/11	65	73.2	66.5		68.9	
j	3.5 years	%	2010/11	76.9	68.8	58.1		62.8	
3	Maternal & Child Health : reason for referral of mother or family								
a	Emotional	%	2010/11	100	52.6	47.4	0	47.9	23
b	Physical	%	2010/11	0	33.1	36.8	0	37.1	
c	Social interaction impaired	%	2010/11	0	11.3	0	0	10.7	
d	Domestic violence	%	2010/11	0	3	15.8	0	2.5	
e	family planning	%	2010/11	0	0	0	2.6	1.8	
f	Total referrals	number	2010/11	2	133	19	573	14,135	
4	Fully breast fed								
a	on discharge	%	2010/11	67.1	76.1	73.5		73.9	23
b	at 2 weeks	%	2010/11	63.4	71.8	70.9		67.8	
c	at 3 months	%	2010/11	38.5	55.4	57		51.8	
d	at 6 months	%	2010/11	30.4	40	43.7		35.7	
5	Children fully immunised at 12-15 months	%	2012	89.7	87.7	83.9		92.1	24
6	Children fully immunised at 24-27 months	%	2012	97.2	95.5	90.3		93.4	
7	Children fully immunised at 60-63 months	%	2012	97.2	90.9	80.8		91.4	
8	At school entry children are developmentally vulnerable								
a	Physical health & wellbeing	%	2010	17	6.4	8.4		7.7	25
b	social competence	%	2010	15.2	8	7.4		8.4	
c	emotional maturity	%	2010	20.5	6.8	10.2		8.3	
d	language & cognitive skills	%	2010	9.8	3.2	6.7		6.1	
e	communication & general knowledge	%	2010	12.5	5.3	6.3		8.3	
9	Unintentional injury hospital admissions for children	number	2005-10	140	567	197			26
10	Parenting payments (single)	% of pop 15-65yrs	2011	2.7	1.5	2		1.8	3
11	Parenting payments (couple)	% of pop 15-65yrs	2011	1	0.3	0.8		0.7	3
12	Teenage births (females 15-19yrs)	rate/1000	2007	38.4	8.8	14.4		10.4	27
13	Youth allowance recipients (15-24yrs)	%	2011	31.3	15.1	21.7		17.5	3
<b>15. Disability</b>									
1	People who need assistance with core tasks	%	2011	8.6	3.8	4.7	5.7	4.8	12
2	HACC clients aged 0-69	per 1,000 target	2009-10	336.4	230.4	272.9		257.3	28
3	Disability support pension recipients	% pop 16-65 yrs	2011	16	4.6	9.4		3	3
<b>16. Aged</b>									
1	Men aged 65+ living alone	%	2011	26.1	16.1	22.9	21	18	12
2	Women aged 65+ living alone	%	2011	37.4	31	39.1	38	35	12
3	Falls related admissions	number	2009/10	128	152	174		21	26

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4	High level residential care (70yrs+)	rate/1,000	2010	26.6	42	42.9	39.7	41.6	14
5	Low level residential care (70yrs+)	rate/1,000	2010	39	49.8	41.3	47.9	46.3	14
6	Community Age Care (70yrs+)	rate/1,000	2010	0	0	8.1	22.4	23.5	14
7	Recipients of aged care pension	% of pop 65yrs+	2011	97.2	90.2	84.6		81.9	3
8	HACC clients aged 70yrs +	per 1,000 eligib	2009-10	426.5	417.3	466.2		368.3	28
<b>Service System</b>									
<b>17. Services &amp; access</b>									
1	People believe there are good facilities and services	%	2008	78	79.2	75	78	85	9
<b>18. Other service utilisation</b>									
1	GP attendances - total	per1000 pop	2009-10	6203	5572.9	4742.8		5452.1	10
2	GP attendances - male	per 1000 pop	2009-10	5338.7	4612.4	3859.7		4633.4	
3	GP attendances - female	per 1000 pop	2009-10	7055.6	6513.6	5654.4		6257	
4	Ambulatory care sensitive condition admission rate	per 1,000 pop	2009/10	38.2	27.3	29.2	34.2	32.8	29

\*\* numbers too low

\*This column is labelled as Loddon Mallee Region in 2015 Community profile

- 1 2001, 2006, and 2011 Household Census Basic Community Profiles, ABS 2012
- 2 Victorian in Future (VIF) 2012, DPCD April 2012
- 3 Commissioned data from Centrelink, based on population from 2006 census
- 4 Department of Immigration and Citizenship, Commonwealth Government
- 5 Victorian Commission for Gambling and Liquor Regulation. \*expenditure after winnings deducted \*\*from Victorian in Future 2008 population projects
- 6 Community Indicators Victoria
- 7 Victoria Police 2010/11 Crime Statistics
- 8 Reported from family incident reports - Victoria Police Corporate Statistics, 2011. Data extracted from LEAP on 18 July 2011 and subject to variation
- 9 Indicators of Community Strength at the Local Government Area level in Victoria 2008, Department for Victorian Communities
- 10 Socio-Economic Indices For Areas (SEIFA), 2009 ABS
- 11 Small Area Labour Markets, Department of Education, Employment and Workplace Relations
- 12 2011 Census of Population and Housing, basic Community Profiles ABS 2012 #percent of total population aged 15-64 yrs
- 13 2011 Census of Population and Housing, Indigenous Profiles ABS 2012
- 14 Social Health Atlas of Victorian Local Government Areas, 2011, PHIDU
- 15 Victorian Population health Survey 2008, Department of Health 2010
- 16 Social Health Atlas of Australia, Victoria 2011, Public health Information Development Unit 2011
- 17 Rental Report December 2011, Department of Human Services
- 18 Department of Health, accessed online December 2011
- 19 Diabetes Australia - Victoria 2011 \*incl diabetes type 1, type 2, gestational and other types of diabetes
- 20 Mental Health, Drugs & Regions Division Case Files - Department of Health, commissioned 2011
- 21 Victorian Admitted Episode Dataset (VAED) 2010/11 (Public & Private Hospital files), commissioned data
- 22 Victorian Emergency Minimum Dataset (VEMD) 2010/11 (public hospital files), commissioned data
- 23 Maternal & Child Health Services Annual Report 2010/11, Loddon Mallee Region and Victoria, DEECD 2011
- 24 Australian Childhood Immunisation Register - coverage report. March quarter 2012
- 25 Australian Early Development Index (AEDI) Community Profiles, 2011, DEECD
- 26 Victorian Injury Surveillance Unit 2011 - commissioned data \* admission in Victorian hospitals only
- 27 Adolescent Community Profiles 2010 - DEECD 2011 \*per 1000 females aged 15-19 years
- 28 2010 Local Government Area Statistical Profiles, DoH 2011
- 29 Victorian Health Information Surveillance System, access January 2012
- 30 VCAMS Indicator - Students Attitude to School Survey, 2011