

**CVPCP Health & Wellbeing Profile - updated November 2016**

top 10 rank (1-10 or 69-79), unfavourable direction

top 10 rank (1-10 or 69-79), favourable direction

#	Indicator	measure	year	Central Goldfields	Macedon Ranges	Mount Alexander	Victoria	Source	Victorian ranking applied/significant
<b>Community Capacity</b>									
1	<b>Demographics</b>								
1.1	Total population	number	2011	12,496	41,860	17,591	5,354,042	1	no
1.2	Estimated residential population	number	2014	na	41,415	18,102	5,841,667	19	no
1.3	Change in population	%	2006-2011	1.4	9.1	3.1	8.5	1	no
1.4	Median age of population	years	2011	48	41	14	37	1	no
1.5	Median age of <b>Indigenous</b> population	years	2011	26	25	25	22	1	no
1.6	Birth notifications	number	2013	112	446	175	73,969	18	no
1.7	Fertility rates	Ave number	2013	2.3	2	2.1	2	18	no
1.8	Couple families with children	%	2011	33.8	49.3	36.7	46	1	no
1.9	Families headed by one parent	%	2011	18	12	17	16	1	yes
1.10	Lone person households	%	2011	15.1	7.4	14.3	10	1	no
1.11	Babies & pre-schoolers (0-4)	%	2011	5.5	6.5	4.6	6.4	1	no
1.12	Primary schoolers (5-11)	%	2011	7.4	10.4	7.8	8.5	1	no
1.13	Secondary schoolers (12-17)	%	2011	7.8	9.1	7.7	7.5	1	no
1.14	Tertiary education & Independence (18-24)	%	2011	6.15	7.2	6.1	9.6	1	no
1.15	Young workforce (25-39)	%	2011	12.5	8.1	7.6	14.2	1	no
1.16	Parents & homebuilders (35 -49)	%	2011	17.8	23.4	20.2	21.4	1	no
1.17	Older workers & pre-retirees (50-59)	%	2011	15	14.8	16.8	12.5	1	no
1.18	Empty nesters & retirees (60-69)	%	2011	15.5	12.2	14.7	9.7	1	no
1.19	Seniors (70-84)	%	2011	14.4	6.8	11.6	8.1	1	no
1.20	Elderly aged (85 and over)	%	2011	3.2	1.5	2.8	2	1	no
1.21	Age at death <b>males</b>	median	2009-12	78	77.5	79	79	13	no
1.22	Age at death <b>females</b>	median	2009-12	83	85	84	84	13	no
2	<b>Diversity</b>								
2.1	Proportion of <b>Indigenous</b> population	%	2011	1.2	0.5	1.2	0.7	1	no
2.2	Humanitarian arrivals as a % of new arrivals	%	2012	0	0	0	7.2	7	no
2.3	Migration stream	numbers	2010-15	<5	<5	<5	na	43	no
2.4	Humanitarians	numbers	2010-15	83	386	119	na	43	no
2.5	Not born in Australia	%	2011	8.5	12.9	10.8	26.2	1	no
2.6	New settler arrivals	rate/100,000 pop	2012	65	191	196	1415	7	no
2.7	No of overseas born residents who don't speak english well or at all	%	2011	0.2	0.4	0.2	4	1	no
2.8	Population born in non-english speaking country	%	2011	3.1	5.5	4.5	20.9	1	no
2.9	Tolerance of diversity (yes, definitely)	%	2011	38	46.8	59	50.9	14	no
3	<b>Community connection</b>								
3.1	Feels part of the community	%	2011	78.5	77	77	72	8	no
3.2	Lived more than 10yrs in current neighbourhood (town)	%	2011	65.6	66.8	65.6	58.6	14	no
3.3	Feeling valued by society (yes definitely)	%	2011	55.8	52.4	62.6	53.6	14	yes
3.4	People who agreed that most people could be trusted	%	2011	44.5	41.2	45.4	39	14	yes
3.5	People can be trusted (agree)	%	2015	76.3	86.6	85.9	71.9	8	yes
3.6	Social support - get help from social sources	%	2011	90.6	93	94	92	8	no
3.7	Able to get help from neighbours (yes, definitely)	%	2011	60.9	58.7	59.8	54.4	14	no
3.8	People are willing to help each other (agree)	%	2015	80.2	90.6	89.2	74.1	8	yes
3.9	This is a close knit neighbourhood (agree)	%	2015	71	77.9	76.4	61	8	yes
3.10	students who feel socially connected & get along with their peers (yr 5&6)	%	2015	59.2	70.8	71.6	69.4	29	yes
3.11	Students who feel socially connected & get along with their peers (Yr 7-9)	%	2015	37.3	56.2	58	54.6	29	no
3.12	Persons who share a meal with family at least 5 days per week	%	2011	70	78	77	66	8	yes
3.13	attended a support group meeting in the previous 2 years	%	2011	7.9	8.8	11.3	9.1	14	yes
3.14	Participation in art and cultural activities	%	2011	54	66	69	64	8	no
3.15	Membership of a sports group	%	2011	17.9	14.6	14.3	12.4	14	yes
3.16	Membership of a school group	%	2011	17.9	14.6	14.3	12.4	14	yes
3.17	Membership of a other community/action group	%	2011	20.1	23.6	32.3	18.7	14	yes
3.18	Attendance at a local community event within the past six months	%	2011	69	61.8	81.5	55.2	14	yes
3.19	Rating of local neighbourhood for community and support groups (good or very good)	%	2011	76.7	58.8	73.7	61.2	14	yes
3.20	Rating of local neighbourhood for being an active community (good or very good)	%	2011	72.5	68.1	81.5	58.5	14	yes
3.21	Rating of the local area for being a pleasant environment (good or very good)	%	2011	86.8	83.3	86	80.5	14	yes
3.22	Households with broadband internet	%	2011	53	76.6	65	72.4	1	yes
3.23	Household internet access	%	2011	80.1	89.7	87.3	88.2	14	no
3.24	Social networking used to organise time with family/friends	%	2011	21	30	24	35	8	yes
3.25	Gaming machine losses per head of adults	dollars	2012/13	707	274	202	550	10	yes
3.26	Received help from volunteer-based organisation	%	2011	6.4	4.6	3.9	5	14	yes
3.27	Satisfaction with appearance of public spaces	index score (out of 100)	2015	na	69	69	72	41	no
3.28	Satisfaction with community and cultural activities	index score (out of 100)	2015	na	68	72	69	41	no
4	<b>Consumer/Community Engagement</b>								
4.1	Participation in citizen engagement in last year	%	2011	57	69	73	51	8	yes
4.2	People who feel they have a say on important issues	%	2011	46.9	39.4	53.7	40.1	14	yes
4.3	Adults who had taken action on behalf of the community in the past 2 years	%	2011	40.9	31.2	42.9	25.7	14	yes
4.4	Membership of a decision-making board or committee	%	2011	18	19.4	27.2	17.8	14	yes
4.5	Adults who were actively involved with their children's school as a proportion of the total population	%	2011	85.9	86.8	84.6	85.6	14	yes

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4.6	People who help out as volunteers	%	2011	25	24	34	18	1	yes
4.7	15-19 year olds volunteering	%`	2011	19.9	18.6	22.7	15.6	1	no
4.8	Perception of community involvement	%	2011	72.5	68.8	81.5	58.5	14	yes
4.9	Importance rating of local government community consultation and engagement	index score (out of 100)	2015	na	73	79	74	41	no
4.10	Satisfaction with local government community consultation and engagement	index score (out of 100)	2015	59	52	52	56	41	no
4.11	Importance rating of local government informing the community	index score (out of 100)	2015	na	75	78	75	41	no
4.12	Satisfaction with local government informing the community	index score (out of 100)	2015	na	57	55	61	41	
<b>Economic &amp; Social</b>									
5	<b>Crime</b>								
5.1	Total offences	rate/1,000 pop	2013/14	76.1	14.9	57		36	no
5.2	Drug usage & possession offences	rate/100,000 pop	2013/14	214	166	245	306	36	yes
5.3	People who feel safe walking alone in daytime	%	2011	100	99.5	99	97	8	yes
5.4	People who feel safe walking alone after dark	%	2011	81	90.4	83	70	8	yes
a	women who feel safe walking alone after dark	%	2011	68.1	82.6	73.9	75.3	37	yes
b	men who feel safe walking alone after dark	%	2011	91	97	90		37	yes
5.5	Perception of safety -walking alone during the day (agree)	%	2015	97.7	94.9	94.6	92.5	4	yes
5.6	Perception of safety -walking alone after dark (agree)	%	2015	61.6	70.4	70.3	55.1	4	yes
5.7	Reported sexual offences where women are the victim	rate/10,000	2014	16.8	6.93	6.25	6.4	37	yes
5.8	Reported sexual offences, where men are the victim	rate/10,000	2014	7.2	2.63	3.98		37	yes
5.9	Reported stalking, harrassment and threatening behaviour, where women are the victims	rate/10,000	2014	8	4.54	5.12	6.1	37	yes
5.10	Reported stalking, harrassment and threatening behaviour, where men are the victims	rate/10,000	2014	12	3.11	5.68		37	no
5.11	Victimisation rates	rate/100,00	2015/16	5,719.2	2,640.9	4,629.6	5,315	44	
5.12	Crime where the offender is a child or young person (0-17yrs)	rate/1,000 pop	2011/12	27.6	22.7	16.3	24.4	29	no
5.13	Crime where the victim is a child or young person	rate/1,000	2011/12	16.5	4.9	9.7	10	29	
6	<b>Family Violence</b>								
6.1	Police attend family incidents	rate/100,000 pop	2014/15	2,270.00	865.6	1,006.1	1,191.50	44	no
			2015/16	2,380.40	935.8	1,089.3	1,288.7	44	
a	% change from 2013/14 to 2014/15	%	2014/15	14.90	-7.6	-8.0	na	44	no
b	Safety notice/intervention Violence Order issued	rate/100,000 pop	2014/15	733	244.1	179.5	349.5	44	no
			2015/16	840.6	280.9	212.4	378.0	44	no
c	children present	rate/100,000 pop	2014/15	890.7	321.8	397	410.6	44	no
			2015/16	974.2	293.9	370	425.5	44	no
d	charges laid	rate/100,000 pop	2014/15	898.6	350.7	500.3	490.7	44	no
			2015/16	1,186.3	386.8	544.7	511.5	44	no
6.2	Prepared to intervene in a situation of domestic violence	%	2011	90.7	93.9	95.1	93.1	8	no
6.3	Maternal & Child Health: Referral for domestic violence	number	2014/15	2	2	0	na	38	no
6.4	Maternal & Child Health: Counselling for domestic violence	number	2014/15	0	11	2	na	38	no
6.5	Low gender equality score	%	2015	29.5	28.3	21	35.7	8	yes
7	<b>Economic &amp; employment</b>								
7.1	Index of Relative Socio-economic disadvantage**	IRSD	2011	905	1055	983	1009.6	9	yes
7.2	Unemployment	%	2013	10	3	6	4	12	no
7.3	Labour force participation (15-64yrs)	%	2011	62	75	67	72	1	no
7.4	Newstart recipients (21-64yrs)	%	2011	4.1	2.8	5.4	4.2	30	yes
7.5	Individuals with income less than \$400/week	%	2011	54	38	45	40	1	yes
7.6	Families headed by one parent	%	2011	18	12	17	16	1	yes
7.7	Median household income (weekly)	\$	2011	685	1395	838	1,216	1	no
7.8	Median household income_ indigenous (weekly)	\$	2011	650	1,187	587	962	1	no
7.9	Total annual household income <\$40,000	%	2014	29.4	16.6	22.4	18.7	14	yes
7.10	Total personal income: indigenous	\$/week	2011	280	363	342	390	1	no
7.11	Total personal income: non- indigenous	\$/week	2011	382	594	461	562	1	yes
7.12	Low income/welfare dependent families with children	% of all families	2012	14	6	10	9	13	
8	<b>Food security and access</b>								
8.1	Ran out of food in the previous 12 months and couldn't afford to buy anymore (yes)	% 14	2011	7.2	4	3.5	4.6		yes
8.2	Some foods are too expensive		2011	25.5	14.7	22.6	21.3		yes
8.3	Can't get food of the right quality		2011-12	20.8	19.3	17.6	19.8		yes
8.4	Can't get a variety of food		2011-12	7.9	7.8	6.3	9.3		yes
8.5	Culturally appropriate foods aren't available		2011-12	1.8	1.7	3	4.2		yes
8.6	Inadequate and unreliable public transport		2011-12	7.1	5.8	4.9	5.8		
9	<b>Housing &amp; transport</b>								
9.1	Mortgage stress	%	2011	14	10	14	11	13	yes
9.2	Rental stress	%	2011	31	24	32	25	13	yes
9.3	Affordable rental housing	%	2014	91.8	28.6	27.3	21.7	15	
9.4	Housing affordability (rent/mortgage)	%	2011	13.8	16.2	15.9	20.4	1	
9.5	Number of social housing	rate/1,000 pop	2011	284	305	240	17,692	16	yes
9.6	Dwellings with no motor vehicle	%	2011	8	3	6	9	1	no
9.7	Transport limitations	%	2011	26.4	23.4	28.1	23.7	8	yes
9.8	Persons with at least 2 hour daily commute	%	2011	9	21	10	12	8	
10	<b>Education</b>								
10.1	Schools	number	2014	8	28	17	2238	5	no

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10.2	Children with emotional or behavioural problems at school entry	%	2014	4.3	4.2	4.4	4.6	29	yes
10.3	Children whose parents report one or more concerns with child speech or language on entry to primary school	%	2014	22.6	13.9	20.7	14.2	29	yes
10.4	Proportion of children vulnerable on 2 or more domains (AEDC: 1st year of full time school)	%	2015	17.8	6.3	14.5	9.9	22	no
10.5	Children vulnerable on 1 or more domains (AEDC: 1st year of full time school)	%	2015	27.9	13.5	25.8	19.9	22	no
10.6	Children vulnerable on physical health & wellbeing (AEDC: 1st year of full time school)	%	2015	14.7	4.9	15.1	7.9	22	no
10.7	Children vulnerable on social competence (AEDC:1st year of full time school )	%	2015	16.3	6.2	11.9	8.7	22	no
10.8	Children vulnerable on emotional maturity (AEDC: School entry)	%	2015	15.5	5.2	9.4	8.0	22	no
10.9	Children vulnerable on language & cognitive skills (AEDC: 1st year of full time school)	%	2015	11.6	3.2	11.3	6.3	22	no
10.10	Children vulnerable on communication skills & general knowledge (AEDC: 1st year of full time school)	%	2015	10.9	3.6	9.4	7.6	22	no
10.11	Average number of absence days per FTE Yr 9	number	2013	27	21.8	no data	21.5	29	
			2014	38.6	23.4	20.3	22.1		
10.12	Yr 9 students achieving minimum standards in numeracy	%	2014	92.5	98.3	94.2	94.8	29	no
10.13	Yr 9 students achieving minimum national standards in literacy	%	2014	91.6	93.3	89.4	93.3	29	no
10.14	Absent per FTE students for government secondary schools: year 11	average number of days	2014	35.9	21.6	24.1	17.5	17.5	no
10.15	Absent per FTE students for government secondary schools: year 12	average number of days	2014	32.9	14	19.5	15.1	15.1	yes
10.16	19 year olds who have attained year 12 or equivalent	%	2013	72.1	87.4	77.7	88.3	29	no
			2014	64	84.8	85.8	88.2		yes
10.17	Persons who completed a higher education qualification	%	2011	21	39	41	46	1	yes
10.18	Bachelor or higher degree (excl. diploma & advanced diploma)	%	2011	2.44	19.1	18.7	20.8	19	no
10.19	School leavers who are employed 6 months after leaving school	%	2012	13.3	18.8	na	15.6	29	no
10.20	Age: 15-19yr old	number	2011	787	3,043	1,049	na	1	no
10.21	15-19 yr old school leavers disengaged	%	2011	26.8	13.6	21.1	15	1	no
10.22	15-19 yr old school leavers engaged full time (study/training/work)	%	2011	54.3	72.4	59.2	72	1	no
10.23	15-19 yr old school leavers disengaged (study/training/work)	%	2011	26.8	13.6	21.1	15	1	no
10.24	Parents are satisfied with the level of education their child receives from school	%	2014	85.3	84.3	84.8	86.6	29	no
<b>Health &amp; Wellbeing</b>									
11	<b>General health</b>								
11.1	Subjective wellbeing	rating: 0-100 (ave)	2011	78.4	80.1	79	77.5	8	no
			2015	77.9	80.1	78.1	77.3	8	yes
11.2	Satisfaction with life as a whole	rating: 0-10 (ave)	2015	8	7.9	7.8	7.8	8	yes
11.3	Satisfaction with life	%	2014	93.4	94	93	92.4	14	yes
11.4	Persons reporting fair or poor health	%	2011	18	13	14	16	14	yes
			2014	23.5	13.7	26.6	20.3	14	yes
11.5	<b>Females</b> reporting fair or poor health	%	2011	15	13	9	16	14	yes
11.6	<b>Males</b> reporting fair or poor health	%	2011	22	14	18	16	14	yes
11.7	<b>Female</b> life expectancy	years	2007	82	85	84	84	26	yes
11.8	<b>Male</b> life expectancy	years	2007	76	80	79	80	26	yes
11.9	Persons sleeping less than 7 hours/day	%	2011	33	33	32	32	8	yes
11.10	Persons with adequate work-life balance	%	2011	45	54	39	53	8	no
11.11	Satisfaction with recreational facilities	index score (out of 100)	2015	na	70	71	72	41	
12	<b>Physical health conditions</b>								
12.1	Persons reporting asthma	%	2011	10	11	16	11	14	yes
12.2	Persons reporting type 2 diabetes	%	2011	6	3	4	5	14	yes
			2014	10.2	4.1	5.4	5.3		yes
12.3	Persons reporting heart disease	%	2011	8	6	6	7	14	yes
			2014	8.2	5.9	6.7	7.2		yes
12.4	Persons obese (>29kg/m2)	%	2011	25.5	18.2	17.2	17.3	14	yes
			2014	23.6	14.1	12.9	18.8		yes
12.5	<b>Females</b> obese	%	2011	21.8	17.2	11.8	17.2	14	yes
12.6	<b>Males</b> obese	%	2011	28.1	18.8	21.4	17.4	14	yes
12.7	Poor dental health (self rated)	%	2011	13.2	3.9	10.1	6	14	yes
12.8	Avoided or delayed visiting a dental professional due to cost (yes)	%	2011/12	32.8	38	42.1	29.8	14	no
12.9	Arthritis	%	2014	26.7	20.5	19.5	19.8	14	yes
12.10	Dementia Prevalence	%	2015	2.5	1.3	2.1	1.5	40	no
12.11	Cancer diagnosis	%	2014	6.3	9.3	7.2	7.4	14	yes
12.12	Bowel Cancer: males 50-54yrs	%	2013	7.4	7.8	8.1	6.6	45	yes
12.13	Bowel Cancer: females 50-54yrs	%	2013	7.5	7.6	8.6	6.6	45	yes
12.14	Colorectal Cancer, premature mortality (0-74)	standardised ratio	2009-2013	109	101	119	103	45	yes
12.17	Change in vision in previous 12 months	%	2014	45	51	35.2	38.9	14	yes

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13	Mental health								
13.1	Persons with high/very high degree of psychological distress	%	2011	9	7	13	11	14	yes
			2014	20.3	7	13.5	17.2	14	yes
13.2	Resilience	range 0-8 (ave)	2015	6.6	6.7	6.7	6.4	8	no
13.3	Registered mental health clients	rate/1,000 pop	2012-13	18	9	16	11	27	yes
13.4	Est. population with mental & behavioural problem	rate/100 pop	2011-12	16	12	14	12.7	13	no
13.5	diagnostic category	rate/100 pop	2010/11	0.8	0.5	1.1	1.1	33	yes
13.6	Rate of ambulance attendances								yes
a	Suicide attempted-related	rate/100,000 pop (range)	2013 (jan-Dec)	70-89	70-89	110-129	113	28	yes
b	Suicide ideation-related			60-89	90-119	150-199	127	28	yes
c	Suicide injury related			0-5	40-49	0-5	40	28	yes
d	Anxiety related			250-299	200-249	150-199	265	28	yes
e	Depression-related			90-109	70-89	110-129	104	28	yes
f	Psychosis-related			60-79	20-39	80-99	70	28	no
13.7	Emergency department presentations classified as intentional self harm	rate/100 pop	2010/11	0.07	0.05	0.04	0.11	39	no
13.8	Avoidable deaths at 0-74yrs: Suicide & self-inflicted injuries	average annual rate/100,000	2003-07	14.5	16.1	20.4	11	39	no
13.9	Suicide death rates: average age-sex-standardised	rate/100,000	2001-06	na	14.4	24.1	na	42	no
13.10	Suicide death rates: average age-sex-standardised	rate/100,000	2007-12	na	13.5	14.5	na	42	yes
13.11	Lifetime prevalence of depression and anxiety	%	2011	22.2	20.3	24.3	20	14	yes
			2014	33.7	19.6	39.9	24.2	14	yes
13.12	Sought professional help for a mental health related problem	%	2011	8.6	11.6	19.2	12.4	14	yes
			2014	28.2	21.1	24.8	16		yes
13.13	Preparation of Mental Health Plans by GPs	ASR/100,000	2009/10	7,712	12,090	9,581	10,085	13	yes
13.14	Adolescents who report being bullied recently	%	2013	26	19	20	18	20	no
13.15	Psychiatric hospitalisation rate for adolescents (10-17yrs)	rate/1,000	2009-10	4.4	2.6	8.4	6.7	2	
14	Health behaviours								
14.1	Persons 18+ current smokers	%	2011	15.1	15.3	16.5	16	14	yes
			2014	20.8	8	10.6	13.1	14	yes
	<b>Alcohol</b>								
14.2	Alcohol culture - getting drunk (to the point of losing balance) every now and then is OK (agree)	%	2015	21.4	29.3	26.1	27.9	8	yes
14.3	Short term risk or high risk of alcohol related harm (males >11, females >11)	%	2011	45	55	54	45	14	yes
14.4	At risk of short-term harm each month	%	2015	25.2	31.4	23.9	29.4	8	yes
14.5	At very high risk of short-term harm each month	%	2015	n/a	n/a	n/a	9.2	8	yes
14.6	At risk of alcohol-related injury on a single occasion (>4 standard drinks)	%	2014	45.3	44.3	43.2	42.5	14	no
14.7	Long term risk or high risk of alcohol related harm (males >7/day, females >5/day)	%	2011	2.3	2.1	8.3	3.4	14	yes
14.8	Increased lifetime risk of alcohol-related harm (>2/day)	%	2014	59.7	59.3	55.3	59.2	14	no
14.9	Drug and alcohol clients	rate/1,000 pop	2012-13	10	4	10	6	27	yes
14.10	Alcohol related ambulance rate (male)	rate/10,000 pop	2013-14	60.5	21.9	42	na	46	
14.11	Alcohol related ambulance rate (female)	rate/10,000 pop	2013-14	26.9	18.4	20.1	na	46	
	<b>Diet</b>								
14.12	Persons who do NOT meet Fruit & Veg consumption guidelines	%	2011	66	53	38	51	14	
			2014	59.4	59.3	52.4	48.6	14	
14.13	Persons who meet fruit consumption guidelines (2 serves)	%	2011	27.3	27.2	31.1	28.1	14	
14.14	Persons who meet fruit consumption guidelines (2 or more serves)	%	2014	35.4	37.4	42.4	14.8	14	
14.15	Number of serves of fruit per day	average	2015	1.5	1.7	1.9	1.6	8	yes
14.16	Persons who meet vegetable consumption guidelines (5 or more serves)	%	2011	5.8	9.9	16	7.1	14	yes
			2014	10.5	10.4	15.1	7.4	14	yes
14.17	Number of serves of vegetables per day	average	2015	2.3	2.5	2.6	2.2	8	yes
14.18	Adults who eat take-away 1-3 times/week	%	2014	5.5	5.5	7.9	9.9	14	
14.19	Eats take-away meals/snacks at least 3 times/week	%	2015	n/a	n/a	n/a	10.2	8	yes
14.20	No water consumed/day	%	2015	n/a	n/a	n/a	3.1	8	yes
14.21	number of cups of water consumed/day	average	2015	5	5.1	4.8	5.4	8	yes
14.22	Daily water consumption	litres/day	2011	1.12	1.25	1.16	1.25	14	yes
14.23	Persons who drink soft drink every day	%	2011	21	16	26	16	14	
			2014	21	11	12.1	11.2	14	yes
	<b>Physical Activity</b>								
14.24	Persons who do not meet physical activity guidelines	%	2011	30	33	23	32	14	yes
14.25	Sedentary behaviour (no physical activity & no muscle strengthening sessions)	%	2014	2.5	2.7	2	3.6	14	
14.26	Persons who sit for at least 7 hrs/day	%	2011	21	24	23	33	8	yes
14.27	Days walked for transport longer than 10min, in proceeding week 4 or more days/week	%	2014	13.8	19.5	25.6	18.1	14	no
14.28	0 days/week	%	2015	26.9	17.7	18.7	18.9	8	yes
14.29	4 or more days/week	%	2015	40.5	34.7	37.4	41.3	8	yes
14.30	Participation in any organised physical activity	%	2015	23.4	25.8	23.6	28.7	8	yes
14.31	Organised by a fitness, leisure or indoor sports centre	%	2015	n/a	n/a	4.4	9.2	8	yes
14.32	Organised by a sports club or association	%	2015	11.6	n/a	n/a	9.8	8	yes
14.33	Participation in any non-organised physical activity	%	2015	64.7	69.3	72.3	70.5	8	yes
14.34	Activity type: walking	%	2015	59.3	51.6	60.9	51.2	8	yes



**CVPCP Health & Wellbeing Profile - updated November 2016**

top 10 rank (1-10 or 69-79), unfavourable direction

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#	Indicator	measure	year	Central Goldfields	Macedon Ranges	Mount Alexander	Victoria	Source	Victorian ranking applied/significant
14.35	Activity type: jogging/running	%	2015	n/a	11.8	n/a	14	8	yes
14.36	Activity type: cycling	%	2015	n/a	10.2	15	11.8	8	yes
14.37	Prodominately sitting at work among those employed	%	2014	22.6	33.7	50.9	49.6	14	
14.38	Time spent sitting on usual work day (Base: those aged 18-64yrs)	%	2015	2.28	4:34	3:14	4:29	8	yes
14.39	Sitting greater than 8 hours on a weekend day	%	2014	14.1	3.7	8.2	10.4	14	no
14.40	Persons who visit a green space at least once per week	%	2011	14	14	50	51	8	no
15	<b>Health screening</b>								yes
15.1	Breast cancer screening participation (50-69yrs)	%	2010-12	52	59	56	55	17	yes
15.2	Mammogram in previous 2 yrs (women 50-74)	%	2014	64.4	75.5	70.1	73	14	yes
15.3	Cervical cancer screening participation (20-69yrs)	%	2010-11	51	67	72	60	13	yes
15.4	Bowel cancer screening participation (invited persons 50, 55 and 65)	%	2012	39	40	41	37	13	yes
15.5	Examination for bowel cancer in previous 5 years (50+)	%	2014	52.2	55.1	44	46.1	14	yes
15.6	Blood pressure checked in previous 2 years	%	2014	80.7	72.5	62.4	79.9	14	yes
15.7	Cholesterol check in previous 2 years	%	2014	52.4	55.8	43.8	59.5	14	yes
15.8	Blood sugar or diabetes check in previous 2 years	%	2014	56.3	14.2	38.7	53.1	14	yes
15.9	Pap smear in previous 2 years	%	2014	70.3	77.5	73.1	72.1	14	yes
16	<b>Children &amp; young person</b>								yes
16.1	Proportion of low birthweight babies <2500g	%	2009/11	7.6	4.6	2.2	6.6	13	yes
16.2	Smoking during pregnancy	%	2009/11	25.4	9.6	22.2	11.4	13	
16.3	Breastfeeding fully at 3 months	%	2011-12	41.9	62	66	51	29	yes
16.4	Children fully immunised at 1yr (12-15months)	%	2014	92.2	89.9	84.6	90.8	13	yes
16.5	Children fully immunised at 2yr (24-27 months)	%	2014	94.4	88	86.1	91.6	13	yes
16.6	Maternal child health assessments (3.5 year visit)	%	2014-15	85.5	82	90.8	66.1	38	no
16.7	M&CH nurse referring for developmental issues	number	2013-14	9	36	15	na	38	no
			2014-15	7	26	22			
16.8	Kindergarten participation rate	%	2013	97.8	104.9	111.9	98.2	29	yes
16.9	Proportion of children with high levels of family stress	%	2014	10.5	12.6	11.9	11	29	no
16.10	Substantiated child abuse (0-17yrs)	rate/1,000 pop	2010/11	15.5	2.7	8	6.7	29	yes
16.11	Child protection Orders (0-17yrs)	rate/1,000 pop	2010	15.1	2.9	5.8	5.4	29	yes
16.12	Out of home care (0-17yrs)	rate/1,000 pop	2012	15.5	4.7	4	5	23	no
16.13	Rate of live births to women 15-19yrs	rate/1,000 pop	2012	36.9	5.2	13.9	10.4	29	no
16.14	Parenting payments (single)	%	2011	2.7	1.5	2	1.8	30	
17	<b>Disability</b>								yes
17.1	People who need assistance with core tasks	%	2011	9	3.8	5	4.8	1	yes
17.2	People with severe & profound disability living in the community (all ages)	%	2011	7	3	5	4	13	yes
17.3	People with severe & profound disability living in the community (aged 0- 65)	%	2011	5.4	2.1	3	2.3	13	yes
17.4	People with severe & profound disability living in the community (aged 65 and over)	%	2011	13	10	11	14	13	yes
17.5	HACC clients aged 0-69	rate/1,000 eligib	2012/13	126.8	221.2	135	142.3	34	no
17.6	Unpaid assistance to person with a disability	number	2011	1,407	4,034	1,957	490,096	1	yes
17.7	Disability support pension recipients	rate/1,000 pop	2013	162	41	91	55	24	no
17.8	Health care card holders (16-65yrs)	%	2011	21.4	10.5	15.3	6.4	30	
18	<b>Aged</b>								no
18.1	People aged 75+ who live alone	%	2011	40	34	40	36	1	no
a	proportion who are female	%	2011	68	73	72	74	1	no
b	proportion who are male	%	2011	32	27	28	26	1	yes
18.2	Aged care places (high care)	rate/1,000 eligib	2013	27	49	41	41	25	yes
18.3	Aged care places (low care)	rate/1,000 eligib	2013	58	14	40	44	25	yes
18.4	Recipients of aged care pension	rate/1,000 eligib	2013	851	643	705	694	24	yes
18.5	HACC clients aged 75 and over	rate/1,000 eligib	2012/13	458	568.1	585.8	407.9	34	
19	<b>Injury &amp; mortality</b>								yes
19.1	Unintentional injuries treated in hospital	rate/1,000 pop	2013	31.6	38.1	44.7	59.1	31	yes
19.2	Intentional injuries treated in hospital	rate/1,000 pop	2013	1.7	2.1	2	3.1	31	yes
19.3	Unintentional injuries due to falls	%	2013	40.2	36.7	30.7	37.3	31	yes
19.4	Indirect standardised death rate	rate/100,000 pop	2013	7.9	5.6	5.8	5.6	31	yes
19.5	Avoidable deaths 0-74yrs due to cancer	rate/100,000 pop	2013	61.2	57.8	46.8	61.4	31	yes
19.6	Avoidable deaths 0-74yrs due to cardiovascular diseases	rate/100,000 pop	2013	75.5	38	45.6	39.8	31	yes
19.7	Avoidable deaths 0-74yrs due to respiratory diseases	rate/100,000 pop	2013	19.7	5.7	15	8.4	31	
<b>Service System</b>									
20	<b>Services &amp; access</b>								no
20.1	People believe there are good facilities and services	%	2011	84.4	68.8	78.4	84.1	11	no
20.2	Families accessing Family & Community Support services	number	2012/13	107	121	81	na	27	yes
20.3	Access to community services and resources when needed	%	2011	90.3	85.1	92.1	84.9	14	yes
20.4	Last GP visit was 12 months or more ago	%	2014	10.3	10.5	18.9	10.4	14	yes
20.5	General practitioners	rate/1,000 pop	2012	0.9	1.4	1.5	1.2	3	yes
20.6	GP clinics	rate/1,000 pop	2012	0.9	0.5	0.3	0.5	4	yes
20.7	Dental Service sites	rate/1,000 pop	2012	0.4	0.1	0.2	0.2	4	yes
20.8	Allied Health service sites	rate/1,000 pop	2012	0.7	0.7	0.7	0.5	4	yes
20.9	Pharmacies	rate/1,000 pop	2012	0.2	0.3	0.2	0.2	4	yes
20.10	population near to public transport	%	2012	48	14	27	74.2	6	
21	<b>Hospital utilisation</b>								yes
21.1	hospital inpatient separations	rate/1,000 pop	2012/13	570.1	371.4	442.5	419.8	33	yes

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21.2	average length of stay, public hospital inpatients	days	2012/13	3	2.9	3.6	2.9	33	yes
21.3	population with health insurance	%	2007/08	28.9	51.8	36	48	13	yes
21.4	emergency department presentations	rate/1,000 pop	2012/13	87.1	135.4	124.1	258.8	33	no
21.5	adolescents: hospital rates for injury & poisoning	rate/1,000 adol	2008/09	8	11.5	8.9	8.4	2	
22	Other service utilisation								no
22.1	GP attendances - total	rate/1000 pop	2009/10	6,203	5,572.90	1442.8	5452.1	13	no
22.2	GP attendances - female	rate/1000 pop	2009/10	7,055.60	6,513.60	5654.4	6257	13	
22.3	GP attendances - male	rate/1000 pop	2009/10	5,338.70	4,612.40	3859.7	4633.4	13	no
22.4	Practice nurse service under the MBS	ASR/100,000	2009/10	40,911.00	14,845.00	39,217	27,842	13	no
22.5	drug & alcohol clients	rate/1,000 pop	2012/13	9.6	4	9.9	5.8	35	

- 1 Australian Bureau of Statistics (ABS) , 2011 Census of Population and Housing
- 2 Adolescent Community Profile\_ <http://www.education.vic.gov.au/about/research/pages/reportdataadolescent.aspx#1>
- 3 The Medical Directory of Australia, AMPCo; 2012 Estimated Resident Population, ABS; Currency: 2013 (AMPCo), 2012 (ABS)
- 4 Human Services Directory, DHS; 2012 Estimated Resident Population, ABS; Currency: 2013 (DHS), 2012 (ABS)
- 5 DEECD, 2014
- 6 2012 Estimated Resident Population, ABS; transport location data provided by the Department of Transport (now DTPLI)
- 7 Settlement Database, DIAC; 2012 Estimated Resident Population, ABS
- 8 VicHealth Indicators Survey
- 9 ABS, Socio-Economic Indices For Areas (SEIFA)
- 10 Victorian Commission for Gambling and Liquor Regulation. Population: People 18 years of age or older
- 11 Indicators of Community Strength at the Local Government Area level in Victoria 2008 (released Jan 2010), DPCD (now DTPLI)
- 12 Small area labour markets, Commonwealth Department of Employment
- 13 Social Health Atlas of Victorian Local Government Areas 2012, PHIDU
- 14 Victorian Population Health Survey, Prevention and Population Health Branch, Wellbeing, Integrated Care and Ageing Division, DH
- 15 Affordable lettings by LGA, Housing and Community Building, DHS
- 16 Housing and Community Building, DHS; 2011 Census of Population and Housing, Basic Community Profile, Census Table: B31 - occupied and unoccupied private dwellings, ABS
- 17 Breast Screen Victoria
- 18 ABS, Births, Australia, 2012, Catalogue number 3301.0, released October 2013
- 19 Profile ID: National Institute of Economic and Industry Research (NIEIR) ©2014
- 20 DEECD, extracted from the Victorian Child and Adolescent Monitoring System (VCAMS) portal.
- 21 Australian Childhood Immunisation Register, Commonwealth Department of Human Services
- 22 Australian Early Development Census (AEDC)\_ <https://www.aedc.gov.au/>
- 23 DHS, extracted from the Victorian Child and Adolescent Monitoring System (VCAMS) portal.
- 24 Centrelink; 2012 Estimated Resident Population, ABS
- 25 Commonwealth Department of Health and Ageing; Estimated Resident Population, ABS
- 26 Life expectancy at birth: Victoria 2003-2007, Prevention and Population Health Branch, Wellbeing, Integrated Care and Ageing Division, DH
- 27 Mental Health, Drugs and Regions Division, DH
- 28 Lloyd B., Gao C. X., Heilbronn, C., Lubman, D. I. (2015). Self harm and mental health-related ambulance attendances in Australia: 2013 Data. Fitzroy, Victoria: Turning Point (vic population est)
- 29 Victorian Child & Adolescent Monitoring System (VCAMS) Portal
- 30 Commissioned data from Centrelink based on 2006 census
- 31 Department of Health LGA Profiles - Victorian Injury Surveillance Unit (VISU) using data sourced from VAED and VEMD
- 32 Victorian Police Corporate Statistics: Family Incidents Report\_ [http://www.police.vic.gov.au/content.asp?a=internetBridgingPage&Media\\_ID=84497](http://www.police.vic.gov.au/content.asp?a=internetBridgingPage&Media_ID=84497)
- 33 VAED, Hospitals and Health Service Performance Division, DH; 2012 Estimated Resident Population, ABS
- 34 HACC program, Aged Care Branch, Wellbeing, integrated Care & Ageing Division, DH
- 35 Alcohol and Drug Information System, Mental Health, Drugs and Regions Division, DH; 2012
- 36 Victorian Police Corporate Statistics\_ Crime Statistics by PSA\_ [http://www.police.vic.gov.au/content.asp?a=internetBridgingPage&Media\\_ID=72186](http://www.police.vic.gov.au/content.asp?a=internetBridgingPage&Media_ID=72186)
- 37 Victorian Women's Health Atlas\_ <http://victorianwomenshealthatlas.net.au/#/>
- 38 Maternal & Child Health Services Annual Report 2013/14, North-Western Victoria Region
- 39 Victorian Emergency Minimum Dataset (VEMD) 2010/11 - commissioned data (<http://health.vic.gov.au/hosdata/requests.htm>)
- 40 Adapted from Deloitte Access Economics, April 2012 statistic commissioned for Alzheimer's Australia Vic and Victorian in Future (VIF) 2012, DPCD April 2012
- 41 Local Government Customer Satisfaction Survey 2015, Department of Community Planning and Development
- 42 National Coronial Information System: Intentional Self Harm Fatalities
- 43 Settlement Reports, Local Government Areas by Migration Stream, Department of Social Services
- 44 Family Incidents: Victorian Crime Statistics Agency
- 45 Bowel Cancer Atlas - <http://www.bowelcanceratlas.org/>
- 46 Turning Point AOD Stats - <http://aodstats.org.au/VicLGA/>