

# Worried about memory function, confusion or changes in personality? Could it be Dementia?




Getting a  
Diagnosis



Understanding  
Dementia



Driving



Financial Rights  
& Legal Issues



Taking a Break  
& Social Time



Changes in  
Behaviour



Support  
at Home

For detailed information about Dementia and supports available, order a copy of the "The Dementia Guide" from Dementia Australia on 03 9815 7800.

For help with accessing My Aged Care, call Mount Alexander Shire on 5471 1802.

## If you live in the Mount Alexander Shire these services can help.

### Getting a Diagnosis

Go to your local GP Clinic or find a GP at [www.nhsd.com.au](http://www.nhsd.com.au)

#### Cognitive Dementia Assessment & Memory Service (The Memory Clinic – Bendigo)

Provides an early assessment and diagnosis of Dementia. Referral from the GP preferred, however families can self-refer.  
Phone 5454 8500.

#### Royal Melbourne Hospital - Department of Neuropsychiatry

Provides assessment & diagnosis of Younger Onset Dementia. GP referral required.  
Phone 9342 8750.



### Taking a Break & Social Time

#### Carers Support Services

Helping carers to maintain their caring role by assisting with respite, referrals and information about aged care and support groups for carers.  
Phone 1800 068 978; [www.carergateway.gov.au](http://www.carergateway.gov.au)

#### Social Support and Activities for People with Dementia

Phone Castlemaine Health Adult Day Service 5471 1565.  
Phone Maldon Social Support Program 5479 8622.



### Understanding Dementia

#### Dementia Australia Victoria

Home visits are available from a Dementia consultant/counsellor. Provides ongoing support, referral and education including Younger Onset Dementia. Support for Carers. Self referral.  
Phone 1800 100 500; [www.dementia.org.au](http://www.dementia.org.au)



### Driving

#### VicRoads

Provide driving assessments with a trained occupational therapist.  
Phone 131 171; [www.vicroads.vic.gov.au](http://www.vicroads.vic.gov.au)



### Financial Rights & Legal Issues

#### Seniors Rights Victoria

Provides information, support and advice to safeguard the rights of older people.  
Phone 1300 368 821; [www.seniorsrights.org.au](http://www.seniorsrights.org.au)

#### Office of Public Advocate

Provides guardianship and advocacy services for people living with Dementia.  
Phone 1300 309 337; [www.publicadvocate.vic.gov.au](http://www.publicadvocate.vic.gov.au)



### Support at Home

#### Commonwealth Home Support Program

Services include domestic assistance, personal care, property maintenance, in-house respite, food services and activity groups. Assessment required through the Regional Assessment Service (RAS).  
My Aged Care 1800 200 422; [www.myagedcare.gov.au](http://www.myagedcare.gov.au)

#### Aged Care Assessment Service (ACAS)

Assisting older people and their carers to identify care that will best meet their needs.  
My Aged Care 1800 200 422; [www.myagedcare.gov.au](http://www.myagedcare.gov.au)

#### National Disability Insurance Scheme (NDIS) for those under 65 years (or under 50 years for Aboriginal and Torres Strait Islanders)

Support at home to live well with Younger Onset Dementia.  
Phone 1800 800 110; [www.ndis.gov.au](http://www.ndis.gov.au)



### Changes in Behaviour

#### Dementia Behaviour Management Advisory Service

Support with managing changing behaviour and communication.  
Phone 1800 699 799; [www.dbmas.org.au](http://www.dbmas.org.au)

#### Older Person's Community Mental Health Team

Psychiatric assessment and treatment, may also provide services for changes in behaviour linked to Dementia.  
Phone 1300 363 788 (24hrs).



If you require an interpreter, please ask the service when you call.