



LGBTIQ+ Resource List

PEAK BODIES/RESOURCE CENTRES

National LGBTI Health Alliance

Is the national peak body that provides health related programs, services and research focused on lesbian gay bisexual transgender and intersex people and other sexuality, gender and bodily diverse people and communities. <https://lgbtihealth.org.au/about/>

GLHV- Promoting LGBTI Victorians' health & wellbeing

GLHV, formerly known as Gay and Lesbian Health Victoria, is a lesbian, gay, bisexual, transgender and intersex (LGBTI) health and wellbeing policy and resource unit. GLHV is funded by the Victorian Government and sits within the Australian Research Centre in Sex, Health and Society (ARCSHS), La Trobe University.

GLHV is committed to improving the health and wellbeing of LGBTI Victorians and the quality of care they receive. There is a large collection of resources on their website.

<https://www.glhv.org.au/about-us>

The OPAL Institute

The OPAL (Older People And Sexuality) Institute was launched in 2016 to promote the sexual rights of older people. The Institute develops resources, conducts research, disseminates information, empowers older people and service providers, and advocates for change.

<https://www.opalinstitute.org/>

Transgender Victoria (TGV)

TGV was founded in the late 1990s to achieve justice, equity and quality health and community service provision for trans and gender diverse (TGD) people, their partners, families and friends. TGV educates organisations and workplaces on how to provide better services for TGD people and seeks ways to provide direct services to the TGD community.

www.transgendervictoria.com

Intersex Human Rights Australia (IHRA)

IHR is a national body by and for people with variations of sex characteristics. The organisation promotes human rights and bodily autonomy and provides information, education and an online peer support group. It provides a guide to assist services to be intersex friendly. <https://ihra.org.au/>

Australian GLBTIQ Multicultural Group Inc

Peak body for GLBTIQ community with a multicultural background www.agmc.org.au/

VA Country- LGBTI Community Hub Information, support and referral Service in Bendigo. 0437 004 680

AUDIT TOOLS/ACCREDITATION

LGBTI-inclusive practice audit tool for health and human service organisations -2nd edition

(Latrobe University, 2016)

The audit tool can be used by an organisation to identify achievements and to determine where improvements are required. The results of the audit can inform forward planning including change management, systems redesign/improvement and cultural reform.

https://quac.org.au/wp-content/uploads/.../GLBTI-inclusive-practice-audit_2013.pdf

LGBTI Inclusive Practice Rainbow Tick Accreditation

The Rainbow Tick Standards and related resources were developed in 2013 by Gay Lesbian Health Victoria (GLHV) and Quality Innovation Performance LTD (QIP). QIP is the accreditation provider for these standards in health and human services. Organisations that are rainbow tick accredited are demonstrating their commitment to LGBTI pride, diversity and inclusion and are letting their LGBTI consumers, staff and community know that they will receive inclusive services from the moment they step through the door.

<http://www.qip.com.au/standards/rainbow-tick-standards/>

Mental Health

mindOUT

Is funded by the Commonwealth Government to work with LGBTI organisations and mainstream mental health organisations to improve mental health and suicide prevention outcomes for LGBTI people and populations.

<https://lgbtihealth.org.au/mindout/>

Qlife

A national telephone and web-based counselling and referral service for LGBTI people.

<https://qlife.org.au/>

Switchboard

Switchboard Victoria provides a peer-driven support services for the lesbian, gay, bisexual, transgender and gender divers, intersex, queer and asexual (LGBTIQA+) people, their families, allies and communities.

<http://www.switchboard.org.au/>

YOUTH

headspace Bendigo has a dedicated same sex attracted, sex and gender diverse support worker. The Health Equal Youth (HEY) Project worker engages at an individual, group and community level to improve the mental health and wellbeing of young LGBTIQ+ people in the region. headspace Bendigo and the HEY Project achieve these aims by providing a safe space for young people to meet, socialise and gain peer support on a weekly basis, and by delivering education and health promotion to organisations, including schools and health services, to raise awareness of the impacts of discrimination and isolation on young LGBTIQ+ people.

headspace@bchs.com.au or call the Pall Mall site on 5434 5345

WayOUT

WayOut, based at Cobaw Community Health, is a state wide suicide prevention program that targets same sex attracted, bisexual and transgender young people in rural Victoria.

WayOut aims to raise awareness about the needs of same sex attracted and gender diverse (SSAGD) young people and the nature and effects of discrimination in regional, remote and rural communities.

<https://www.cobaw.org.au/our-services/young-people/wayout/>

AGED CARE RESOURCES

Australian Government National LGBTI Ageing and Aged Care Strategy

This Strategy aims to ensure that LGBTI people have the same opportunities and options in aged care that are available to all Australians. It is designed to not only raise awareness of the issues but also, in a very concrete way, improve the ageing and aged care experience of LGBTI people, recognising and valuing the diversity of this group.

<https://agedcare.health.gov.au/older-people-their-families-and-carers/people-from-diversebackgrounds/national-lesbian-gay-bisexual-transgender-and-intersex-lgbti-ageing-andaged-care-strategy>

The Department of Health- LGBTI Ageing and Aged Care Resources

- o LGBTI Ageing & Aged Care Framework and Policy
 - o LGBTI Ageing & Aged Care Consumer Factsheets and Resources
 - o LGBTI Ageing and Aged Care Sector Factsheets and Resources
- Other Departmental Sources for LGBTI Ageing and Aged Care Information

<https://agedcare.health.gov.au/support-services/my-aged-care/lgbti-ageing-and-agedcare-resources>

Aged Care Assessment Service LGBTI inclusive guide sheets (La Trobe University, 2015)

The LGBTI inclusive assessment guide sheets provide a comprehensive range of information to assist with the delivery of LGBTI inclusive assessment. Each individual guide sheet provides a succinct outline of information, and assists with building knowledge and understanding for ACAS staff in the development and delivery of LGBTI inclusive aged care assessment.

http://www.latrobe.edu.au/_data/assets/pdf_file/0004/814765/Aged-Care-AssessmentService-ACAS-for-LGBTI-inclusivity-guidesheets.pdf